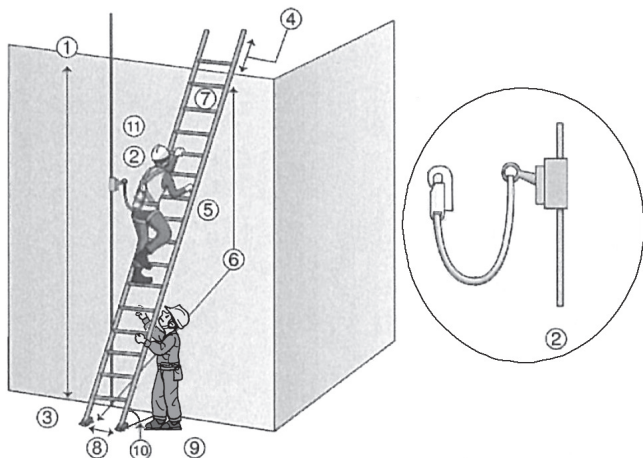


II – 4. Moveable ladders



1. Has equipment been installed allowing safe scaling of heights and depths in excess of 1.5 m?
2. Are you using lifelines and safety grips when there is a danger of falling?
3. Are ladders stable?
4. Is the top of the ladder protruding at least 60 cm above its resting point?
5. Do you avoid undertaking work on a ladder that produces a rebound effect?
6. Are you using anti-slip rubber?
7. Is the distance between rungs equally spaced?
8. Is the ladder at least 30 cm wide?
9. Are other workers holding the ladder steady?
10. Is the ladders set at an angle of approximately 75 degrees?
11. Are you climbing up and down the ladder with nothing in your hands?